



PE & Dance Extra-Curricular Timetable



Day	Morning 8:10am – 8:35am	After School 3:05pm-4:05pm
Monday		Basketball- All Years- Sports Hall DDA
Tuesday	Wake up & Shake up - All Years - A choice of games/fitness – Sports Hall SJA	Gymnastics– All Years – Sports Hall SJA Dance – Advanced Competition team – Dance Drama JSU
Wednesday		Athletics Club – All Years – Courts George Netball- All Years– Sports Hall WKK & KHA Dance - Year 8/9 – Dance Drama JSU
Thursday	Wake up & Shake up – All Years– A choice of games/fitness – Sports Hall KHA	Hockey –All Years – Sports Hall - HRB Dance- Year 7- Dance Drama JSU
Friday		Dance –Competition team– Dance Drama JSU Athletics Club – All Years-George Football- All Years– Field / Courts DDA Fitness Classes (Bums & Tums, Boot camp, Abs, Leg tone, Circuit training) – All Years & Staff – Sports Hall SJA