

DUGHTON

ART, ONE MIND

Edition 126

June 6th 2025



Year 10 Celebrations – The Good Shepherd & Claire House

Year 10 Oscar delivered a wonderful Celebration of the Word before the May holiday all about 'The Good Shepherd', Jesus. The presentation was delivered with a great deal of heart and soul. Students explained that Jesus, our Good Shepherd made sacrifices for people in his care, tirelessly supporting us, no matter how lost we might be. The message was made even more relatable and special because students went on to talk about individual people who support them like a good shepherd. Under the banner – 'Follow in Jesus' Steps' Mrs. Rock came under the spotlight as a



shepherd who is always patient, kind and supporting – a Rock by name and a Rock by nature.

Mrs. Blundell was celebrated for setting high standards to aspire to, for caring for everyone, and for being great fun. Students also spoke about loved ones and memories of those whose kindness has inspired them. This was an amazing assembly, full of Love and Respect.



During the last week prior to the May holiday Year, our 10 assembly was taken by the wonderful Emma who leads the Claire's House fundraising team. She gave a wonderful presentation on all that Claire's House do to support those in our local communities and surrounding area. Year 10 have spent this half term fundraising to help our neighbours continue to improve the lives of children and young adults who rely on the fantastic services they provide. We were able to present Emma with over £550! We will continue to raise funds, and awareness, for this wonderful place next half term too.

🛝 Weekly Prayer

The Apostles' Creed

I believe in God, the Father almighty Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, At the words that follow, up to and including the Virgin Mary, all bow. who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body,

Top Attendance Forms

92.7% 96.8% 88.4% 8THO 9CAT 7FRA 88.6% 92.4% 93.2% 10FRA **11BER** 12FRA

From our Archive



Senior Prize Winners 1943-1944

Back Row (left to right): P. Sullivan (Commercial), M. Hughes (English), M. O'Neill (Science), M. Gray (Geog), P. Devlin (Art), J. Redmond (Geog).

Amen.

T. Twist (Latin), V. Carroll (French), P. Tucker (Hand-writing).



Year 7 Football Tournament at LFC Academy A Fantastic Achievement!

Our Year 7 football team recently had the exciting opportunity to compete in a high-stakes tournament held at the prestigious LFC Academy in Kirkby. Competing against 13 other strong teams, our students showed grit, skill, and determination throughout the day, finishing an impressive 4th place overall.

The team stormed through the group stages and quarter-finals with confidence, securing a place in the semi-finals. After a tough match in the semis, they narrowly missed out on a place in the final. They battled hard for 3rd place, showing incredible teamwork and resilience, but heartbreakingly conceded a goal in the final two minutes, placing them just outside the top three. However, their 4th-place finish means they have qualified for the County Finals in the coming weeks – a brilliant achievement and an exciting opportunity ahead!

The tournament was held at the state-of-the-art LFC Academy – a facility of professional standards that left a lasting impression on players and spectators alike. From top-of-the-range 4G pitches to fully equipped gym facilities and heated stands, the venue offered an unforgettable experience. Adding to the excitement, LFC scouts were present throughout the day, keeping a close eye on emerging talent.

A huge well done to the entire squad for their effort, teamwork, and sportsmanship. Special praise goes to Halle T, who captained the team with confidence and composure – her communication on and off the pitch was outstanding. A big shout out also to Scarlett K, our top goal scorer with 6 goals, and to Ava T, who led in assists with an impressive 8.

We are incredibly proud of the team – bring on the County Finals!





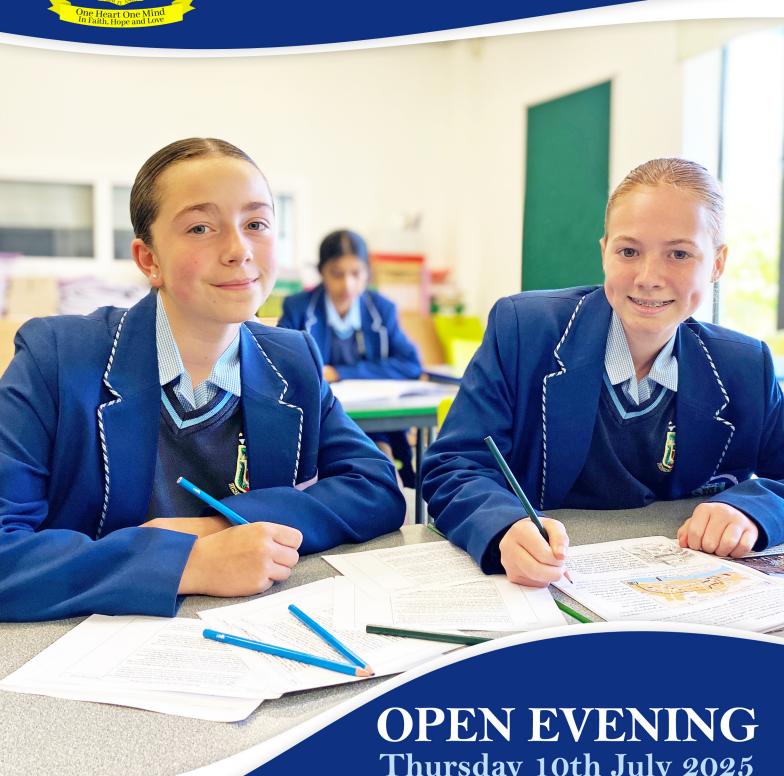






Broughton Hall

CATHOLIC HIGH SCHOOL



Good Provider Ofsted

Thursday 10th July 2025 3.30pm - 6.30pm

Pupils, and students in the sixth form, are proud to be part of Broughton Hall Catholic High School. Pupils enjoy strong relationships with their teachers and pastoral staff. Ofsted, November 2022



Congratulations to the Year 10 Football Team!

On Thursday afternoon, our incredible Year 10 football team wrapped up their league season with an impressive 4th place finish – a result to be proud of! The team played with heart, skill and determination throughout the campaign, coming frustratingly close to a spot on the podium.

In fact, they missed out on 3rd place by just a single point, with the final game proving to be the decider. Despite a strong effort, the loss in that last match was the only thing standing between them and a top-three finish – a true testament to how competitive and capable this team has been all season.

A huge shoutout to team captain Lois, who led by example from back. Her communication, energy and ability to rally the team were instrumental in keeping everyone focused and motivated throughout the tournament.

We also want to celebrate Isabella, the team's top goal scorer. Her attacking flair and eye for goal gave the team a real edge up front and contributed hugely to their overall success.

And of course, congratulations to Erika, who was deservedly named Managers Player. Her defensive strength and ability to hold off tough opponents made her a standout performer in every match.

Well done to the entire squad for a fantastic tournament – you've done yourselves and the school proud!

Year 8 Attendance Challenge

159 year 8 pupils met the summer term 1 20 day attendance challenge!

Well done to all who entered the draw.

Congratulations to our winners!

Lily H - winner of the £15 Just Eat voucher

Chocolate treat boxes winners:

Savannah O Gisele HJ Navaeh A





Hi! This is the second in a series of informative articles on mental health and wellbeing, brought to you by your Student Mental Health and Wellbeing Ambassador team on the areas of Mental Health we feel are most important to students at our school.

Caring for Yourself: Why Self-Care Is Crucial for Mental Health?

Do you know what is self-care? Self-care is basically giving yourself the space and time to recharge—mentally, physically, and emotionally. It's about recognizing that you need breaks and not running yourself into the ground. When you practice self-care, you're less likely to get overwhelmed or burn out. It helps manage stress, gives you the energy to keep going, and keeps your mood in check. It also helps you stay grounded, making it easier to bounce back from tough situations. Plus, it builds your self-worth by reminding you that you deserve care and attention, just like anyone else.

It's not always about big gestures either; sometimes it's as simple as taking a walk, journaling, or enjoying a quiet cup of coffee. It's all about what makes you feel replenished.

Self-care for mental health involves taking time to nurture your emotional, physical, and social well-being. This can include expressing your feelings, setting boundaries, staying active, eating well, getting enough sleep, and seeking support from loved ones or a therapist. It's also about practicing mindfulness, engaging in hobbies, and reflecting on your values to stay grounded. Ultimately, self-care is about finding what helps you feel balanced and resilient.

When someone is dealing with depression or anxiety, even the smallest tasks can feel impossible. Motivation drains away, like trying to run a race with no energy. Anxiety makes the mind race and scatter — so planning meals, calling the doctor, or even remembering to brush teeth can slip through the cracks. Support matters. A gentle check-in, a bit of structure, or the help of a professional can make a big difference.

By Isabella B, Zeira VD , Aleena J and Elna K



"IF YOU HAVE THE ABILITY TO LOVE, LOVE YOURSELF FIRST."

Summer term 1 Attendance Prize Winners

Congratulations to the 609 students who attended school for 20 plus days last term. Eligible pupils were entered in to the draw and last erm's winners are:

2 x £50 Liverpool One vouchers -

Millie O - 9

Lucie H - 10



Jess J - 7

Millie P - 7

Lily H - 8

Alison G - 9

Alise N - 10

13 x chocolate treat boxes -

Jerssie T - 10

Libby W - 10

Daisy F - 10

Rose G - 9

Sinead M - 9

Rosa B - 9

Savannah O - 8

Gisele Hignett-J - 8

Navaeh Aryeetey O - 8

Diamond-Demi B - 7

Isla H - 7

Amber R - 7

Rubi G - 9



SUNDAY

Decide to look for what's good every day

Say positive things in your conversations with others

Ask a friend

what made

them happy

recently

MONDAY

TUESDAY

worry and try

Bring joy to others by doing something kind for them

food that makes

WEDNESDAY

Take a photo

of something

that brings you

joy and share it

Look for

THURSDAY

Think of 3

things you're

grateful for

and write

them down

Write

a gratitude

letter to thank

someone

Rediscover and enjoy a fun childhood

FRIDAY

Get out into

green space and

feel the joy that

nature brings

Take a

light-hearted

approach.

Choose to see

the funny side

who needs encouragement

Joyful June 2025 Watch

uplifting songs to listen to

Bring to mind a favourite memory you

feel grateful for

25 Show your appreciation to people who are

Make time to do something playful, just for

to you. Do

Notice how positive emotions are contagious between people



something funny and enjoy how it feels to laugh

Make a list of the joys in your life (and keep adding to it)









this month

Find joy in

music: sing, play, dance, listen or share

Look for

Speak to others in a warm and friendly way

Take time to notice things that you find beautiful

something good in a difficult

situation

the fun of it

brings you joy

helping others

activity

Send a positive note to a friend

Share a

happy memory

with someone

who means a

lot to you

SATURDAY

Share a friendly smile ith people you see today

BROUGHTON HALL CATHOLIC HIGH SCHOOL EXAMINATION TIMETABLE SUMMER 2025

Portuguese Oral – May 9 Italian GCSE Oral – May 9 Russian GCE Oral - May 7 Russian GCSE Oral - May 7 Spanish GCE Orals - April 28 / Chapel Spanish GCSE Orals - April 30 - May2 F Hub

GCE Art / Textiles - April 30 - May2

GCSE Art / Photography - 24, 25, 28, 29 April

BTEC Textiles - 30 March - 3 April

GCE Photography - 6, 8, 9 May

Subject of am	Time	Room	Date	Subject at nm	Time	Room
Subject ~ am				Subject ~ pm	rime	
BTEC Health Health & Wellbeing (27)	2 hrs	Drama Room	TUESDAY May 6			
BTEC Enterprise Marketing & Finance (28)	2 hrs	Drama	WEDNESDAY May 7			
70-00 At 2010		Room	May / Thursday			
Applied Law Unit 3			May 8	During of Charles D1 CCCC	12/	B
			FRIDAY May 9	Business Studies P1 GCSE (27)	1¾ hrs	Drama Room
English Lit - P 1 (189)	1¾ hrs	Sports		Computer Science (13)	1⅓ hrs	Sports
IT Level 3 Cam Tech Unit 1 (1)	1½ hrs	Hall / Drama	MONDAY	H & S Human Lifespan Dev (31)	1½ hrs	Hall / Drama
Tr Level 3 Cam rech omt 1 (1)	1721115	Room	May 12	(31)		Room
A	21/2 hrs	Sports		Biology Paper 1 Sep (H-	1¾ hrs	Sports
Geography Adv P1 (6) RE Paper 1 (188)	1½ hrs	Hall /	TUESDAY	15)(F-2)	NAME AND DESCRIPTIONS	Hall /
Business Cam Tech Unit 1 (23)	2 hrs	Drama Room	May 13	Comb Sci Trilogy Biology P1 (H-55) (F-114)	1¼ hrs	Drama Room
	- 1	Sports		English Literature Adv (18)	3 hrs	
Business Adv P1 (12) Geography GCSE P1 (57)	2 hrs 1½ hrs	Hall / Drama	WEDNESDAY Mav 14			Drama Room
• • • • • • • • • • • • • • • • • • • •	4.1/	Room	·	Math. Laurel 2 Communication	d la co	
Maths GCSE 1MA p 1 (Non-Calc) (F-136) (H-89)	11/2 hrs	Sports	THURSDAY	Math Level 3 Comprehension (1) 7MC0	1hr 40min	B
Criminalany Hait 2 (2)	11/ 6	Hall / Drama	THURSDAY May 15	IT Level 3 Cam Tech (4)	1½ hrs	Drama Room
Criminology Unit 2 (2)	1½ hrs	Room		Criminology Unit 2 (17)	1½ hrs	
Psychology ADV P1 (17)	2 hrs	Sports	FRIDAY	Business Studies P2 (27)	1¾ hrs	Sports
History Paper 1 A+B (90) Business Cam Tech Unit 2 (1)	2 hrs 1½ hrs	Hall / Drama	May 16	H & S - Working in H&S Care (12)	11/2 hrs	Hall / Drama
		Room				Room
Chemistry Sep Paper 1 (H-	1¾ hrs			Media Stds P1 (28)	2¼ hrs	Drama
14)(F-3)	1¼ hrs	Sports Hall /	MONDAY			Room
Comb Science Trilogy Chemistry P1 (H 57) (F 114)	2,41113	Drama	May 19			
App Sc 32617H (14)	40 min	Room Sports		Politics P1 (UK)(3)	2 hrs	
(Chem)	2.1	Hall /	TUESDAY	App Sc 32617H (14)	40 min	Drama
Business Adv P2 (12) English Literature P2 (189)	2 hrs 2¼ hrs	Drama Room	May 20	(Bio) Comp Science p2 (13)	1½ hrs	Room
•		_		Core Math (1)	1½ hrs	
Psychology P2 (17)	2 hrs	Drama Room	WEDNESDAY	App Sc 32617H (14) (Phy)	40 min	Sports Hall /
Film Studies (2)	2½ hrs		WEDNESDAY May 21	English Lang Adv P1 (12) Film Studies (4)	2½ hrs	Drama Room
Film Studies (2)	Z 72 NTS			RE Paper 2 (189)	2½ hrs 1½ hrs	KOOM
English Literature Adv P2 opt B (18)	2½ hrs	Sports Hall /		Geography Adv P2 (6)	2½ hrs	Drama Room
Physics Sep P1 (H14) (F3)	1¾ hrs	Drama	THURSDAY	Core Math (1)	1½ hrs	KUUIII
Comb Science Trilogy Physics P1 (H 57) (F114)	1¼ hrs	Room	May 22			
Physics Adv P1 (2)	2 hrs			Math Level 3 Application (1)	1 hr	Drama
English Language P1 (189)	1¾ hrs	Sports Hall /		7MC0	40 min	Room
History GCE (8)	21/4 hrs	Drama	FRIDAY	Russian GCE Listen Read		
	2 hrs	Room	May 23	Translate (1)		
			TEDM HOLI			

BROUGHTON HALL HIGH SCHOOL EXAMINATION TIMETABLE SUMMER 2025

Subject ~ am	Time	Room	Date	Subject ~ pm	Time	Room
Italian Listening (1) Italian Reading (1)	45 mins 1 hrs	C5	MONDAY June 2	Dance Written Paper (13)	1½ hrs	Drama Room
Spanish GCE Listen Read Translate (3) Russian GCSE Listening (1) Russian GCSE Reading (1) Portuguese GCSE Listening (1) Portuguese GCSE Reading (1) Film Studies (6)	2 hrs 45 mins 65 mins 45 min 1hr	B1 B1 Drama	TUESDAY June 3	Polish GCSE (1) Listening Polish GCSE (1) Reading	45min 1 Hr	C5
Maths Paper 2 (Calculator) (F 136) (H81)	1 ½ hrs	Sports Hall / Drama Room	WEDNESDAY June 4	English Lang ADV Paper 2 (12) Pure Mathematics Paper 1 (8) 9MAO RE Paper 3 (189)	2 ½ hrs 2 hrs 1 hr	Sports Hall / Drama Room
History Paper 2 A+B (90) Russian GCE P2 (1) 9RU0 Criminology Unit 4	2 hrs 2 hrs 40 mins 1 ½ hr	Sports Hall / C5/ Drama Room	THURSDAY June 5	Biology ADV Paper 1 (9) Politics (3) Media Studies P2 (28) Criminology Unit 4 (8)	2 hrs 2 hrs 2½ hrs 1½ hr	Sports Hall / Drama Room
English Lang P2 (198)	1¾ hrs	Sports Hall / Drama Room	FRIDAY June 6	Geography P2 (57) History GCE (8) Further Math (1)	1½ hrs 1½ hrs 1½ hrs	Sports Hall / Drama Room
Psychology ADV P3 (17) Physics ADV P2 (2) Biology Sep P2 (H15) (F2) Comb Sci Tril Biology P2 (H55)(F114)	2 hrs 2 hrs 1¾ hrs 1¼ hrs	Sports Hall / Drama Room	MONDAY June 9	Business ADV P3 (12) Italian Writing (1) OCR Creative Media (23)	2 hrs 1 hr 20 1 ½ hrs	Drama Room
Chemistry ADV Paper 1 (6) Applied Business ABS4 (1) Politics (3) 9PL0 Spanish Listening (F34) Spanish Reading (F34) Spanish Listening (H43) Spanish Reading (H43) Spanish Reading (H43) Sport & Coaching (20)	2 hrs 1½ hrs 2 hrs 35 min 45 min 45 min 1 hr 1 hr 20	Drama Room F Hub / C5/ Drama Room	TUESDAY June 10	Sport & Coaching (5)	1 hr 20	Drama Room
Spanish GCE P2 (3) Math Paper 3 Calculator 1MA (H89) (F100) Computer Science (2)	2 hrs 40 1½ hrs 1½ hrs	B1 Sports Hall / Drama Room	WEDNESDAY June 11	NATIONAL EXAMS CONTINGENCY HALF DAY		
Geography P3 (57) History GCE P3 (8)	1½ hrs 2 hrs 15	Sports Hall / Drama Room	THURSDAY June 12	Pure Mathmatics P2 (8) Russian Writing (1) 1RU0 Hosp & Catering (19)	1 hr 25 1 hr 25 1 hr 20	Drama Room
Biology ADV P2 (9) Chemistry Sep P2 (H14) (F3) Comb Sci Tril Chemistry P2 (H57) (F115)	2 hrs 1¾ hrs 1 hr 15	Sports Hall / Drama Room	FRIDAY June 13	Polish Writing GCSE (1) Portuguese GCSE Writing (1)	1hr15min 1hr20min	Drama Room

Tuesday 17th JUNE - DESKS TAKEN DOWN AFTER 3pm								
Subject ~ am	Time	Room	Date	Subject ~ pm	Time	Room		
Chemistry ADV P2 (6) Physics Sep P2 (H14)(F3) Comb Sci Tril Physics P2 (H57) (F115	2 hrs 1¾ hrs 1 hr 15	Sports Hall / Drama Room	MONDAY June 16					
Physics ADV P3 A+B (2) Spanish Writing (F35) 1SP0 Spanish Writing (H42) 1SP0	2 hrs 1 hr 15 1 hr 20	Sports Hall / Drama Room	TUESDAY June 17	Food Prep & Nutrition (20)	1¾ hrs	Drama Room		
Biology ADV P3 (9) Computer Science (2)	2 hrs 1½ hrs	A5 C5	WEDNESDA Y June 18					
			THURSDAY June 19	Maths GCE P3 (8)	2 hrs	A5		
Chemistry ADV P3 (6)	2 hrs	A5	FRIDAY June 20					
			Monday June 23	Further Math (1)	1½ hrs	ТВС		

Wednesday 25th June 2025

NATIONAL EXAMS CONTINGENCY DAY - All students should be available up until this date

CLASHES Showing the change ~ students will be held over lunch till next session

GSCE / LEVEL 2 - Black Bold
AS Level (mainly Year 12) - Purple Italics
A2 Level / Level 3 (Mainly Year 13) - Red Italics

**PLEASE BE AWARE THAT THIS IS SUBJECT TO CHANGE BY EXAM BOARDS

CONTINGENCY DAYS SHOULD BE CONSIDERED IF THEY ARE NEEDED**