



BROUGHTON NEWS

ONE HEART, ONE MIND
In Faith, Hope and Love

.....
Edition 134

September 19th 2025



Confirmation

It was a great Joy to support many of our students in receiving the Sacrament of Confirmation on Wednesday evening at St. Margaret Mary's Church. Students who attend St. Paul's & St. Timothy, West Derby and St. Margaret Mary's Church celebrated together. It was very moving to see the sponsor's (relatives standing for the students), placing their hands on the candidates' shoulders. There was a great sense of family and community. Mrs. O'Rourke, Ms Fletcher, Mrs. Marteau and Chaplain Phil Johnson attended in support of this important and positive step in the spiritual lives of our students.



This is a meaningful step for our students in their Catholic Life, a time to commit to using their gifts and talents within the church. It is also a fresh welcome from the church to become an active member of the church family. Archbishop the Most Reverend John Sherrington presided over the service.

Confirmation is a sacrament focused on the Holy Spirit, giving recipients a deeper connection to God and the Church. Rooted in the Pentecost event, it provides the Holy Spirit's gifts of wisdom, understanding, and courage to strengthen individuals to live as witnesses for Christ. The sacrament involves a bishop anointing the forehead with sacred oil (chrism) while saying, "Be sealed with the gift of the Holy Spirit," symbolizing the indelible spiritual mark and the outpouring of God's grace. It is a blessed time for students, sponsors, family and school staff who go along to support our students.



Weekly Prayer

Prayer of St Richard of Chichester

Thanks be to you, my Lord Jesus Christ,
for all the benefits which you have given me,
for all the pains and insults which you have borne for me.
O most merciful Redeemer, friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly,
day by day.
Amen.

Top Attendance Forms

99.4%	95.2%	96.9%
7THO	8BER	9THO
.....		
94.2%	94.8%	98.3%
10OSC	11BER	13FRA



Well done to Year 7 on completing their English, Maths and Science Assessments this week, and on settling into Broughton Hall so well. - The Year 7 Team



5 Tips to Mentally Prepare for the New School Year

1. Start with a Positive Mindset

Focus on the good—seeing friends, meeting new teachers, and having a fresh start. A positive attitude boosts motivation and sets you up for success.

2. Get Organised

Clean your desk or bag to feel refreshed and ready. Keeping your supplies in order means fewer distractions and a smoother start.

3. Do Homework Promptly

Aim to complete homework the day it's assigned. It prevents buildup, allows time for questions, and helps you feel confident in class.

4. Communicate Your Needs

If you're uncomfortable speaking up, write down what helps you learn best. Teachers want to support you—sharing your preferences can make a big difference.

5. You're Not Alone

Feeling anxious is normal. Talk to someone—friends, teachers, or family. You're supported, and you're not the only one adjusting.



Supporting you and your mental health

Whether you want to understand more about how you're feeling and find ways to feel better, or you want to support someone who's struggling, we can help.



I am a young person



I am a parent



I work with young people



I am a young person

I am a parent

I work with young people

youngminds.org.uk

How we can help

Parents

Young People

We know parenting isn't always easy. It can feel especially hard if your child's mood and behaviour seem different and you're not sure why, or what you can do to help. But you are not alone.

We have lots of practical advice and tips on supporting your child – from how to encourage your child to open up about their feelings to dealing with mental health services. No matter what you and your child are going through, things can get better.

We also have our Parents Helpline who can provide advice and support if you're worried about a child or young person.

Whether you want to understand more about how you're feeling, get information about a mental health condition or find out what support is available to you, our guides can help. Topics include: Mental health conditions, feelings, coping with life, supporting a friend and medications.

Year 11 Support Sessions Timetable is now available on our website.

Click here to view.

Job of the **WEEK**



Find out more..

Enrichment Activities for this term

Day	Activity	Venue	Staff	Time
Monday	MFL Spanish club Starting 3.11.25	B12	ATR	3pm-4pm
Tuesday	Football	Sports Hall	DDA	3pm - 4pm
Wednesday	Netball	Sports Hall	AHG	3pm - 4pm
	BH Dance Company	Dance Drama	ALA	3pm - 4pm
	Well-being Wednesday 24.9.25, 1.10.25, 8.10.25, 15.10.25 (session 1)	A8	SMO	3pm-4pm
WK A ONLY	Mass Choir	Chapel	P Johnson	3pm-4pm
WK B ONLY	Diversity Drama Group	Chapel	P Johnson	3pm-4pm
WK A ONLY	Year 10 Book club	E3	JHR	3pm-4pm
Thursday	Trampolining	Sports Hall	NLA	3pm - 4pm
	Mental Health and Well Being Ambassadors	D8	SMO	3pm - 4pm
Starts 2.10.25	Choir years 7-9	MU1	RCO	3.10pm-4pm
Starts 2.10.25	Vocal Group year 10-11	MU2	SHA	3.10pm-4pm
	Manga and Anime club	D8	Ms Marsh	3pm-4pm

SPECIAL EVENTS

SIGN UP WITH MFX TO TAKE PART- LIMITED SPACES AVAILABLE

23RD OCTOBER HALLOWEEN COOKERY CLASS
11TH DECEMBER CHRISTMAS COOKERY CLASS



BROUGHTON HALL DANCE COMPANY NEW MEMBERS

MARTHA R – 7THO
SIENNA R – 7VIN
SIENNA W – 7NIC
JESSICA F – 7THO
EMMY H – 7MAX
SOPHIE LOUISE M – 7FRA
CAMILLE D – 7THO
CONNIE L – 7AX
FREYA H – 7CAT
LYDIA M – 9VIN
NEVAEH C – 9NIC
AMELIA P – 8CAT
EVELYN J – 7CAT

THE FIRST REHEARSAL IS WEDNESDAY 24TH
SEPTEMBER IN DANCE DRAMA 3PM-4.15PM
YOU WILL NEED YOUR FULL PE KIT