



BROUGHTON NEWS

ONE HEART, ONE MIND
In Faith, Hope and Love

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Edition 138

October 17th 2025

Harry Potter Studios trip >

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Mercy is our way – All are welcome

I was fortunate to attend an anniversary celebration Mass last year relating to the work of the Sisters of Mercy and in particular the ministry of Catherine McAuley. There was a Hymn, I'd never heard before, and the words made a big impression on me. For all at Broughton Hall, I think these words will be truly inspiring and will remind us, how special it is to be part of a Mercy School Community.

Let's imagine Broughton Hall is the house in this Hymn.

Let us build a house where love can dwell
And all can safely live
A place where saints and children tell
How hearts learn to forgive
Built of hopes and dreams and visions
Rock of faith and vault of grace
Here the love of Christ shall end divisions

All are welcome, all are welcome
All are welcome in this place

Let us build a house where prophets speak,
and words are strong and true,
where all God's children dare to seek
to dream God's reign anew.
Here the cross shall stand as witness
and as symbol of God's grace;
here as one we claim the faith of Jesus.

All are welcome, all are welcome
All are welcome in this place

Let us build a house where all are named,
their songs and visions heard
and loved and treasured, taught and claimed
as words within the Word.
Built of tears and cries and laughter,
prayers of faith and songs of grace,
let this house proclaim from floor to rafter.

All are welcome, all are welcome,
all are welcome in this place.

God Bless,
BH Chaplaincy Team.



Weekly Prayer

Angel of God

Angel of God,
my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.

Top Attendance Forms

97.4% 95.1% 94.2% 96.8% 94.9% 99.2%
7THO 8CAT 9MAX 10CAT 11VIN 12THO

Be in for a chance to win!

Well done to the following students for winning the 'Be in for a chance to win!' competition on Tuesday 14th October:

Year 7: Heidi O Sophia C
Year 8: Lily-May T Nancy A
Year 9: Sienna M Issy U
Year 10: Ava W Miley J
Year 11: Olivia D Louisa M

Each student won a treat to share with their friends in school. Keep your eye's peeled for another chance to win soon!



THE REVISION REVOLUTION

Revision Revolution – Year 11 Parents and Student Evening

- 20th October 5pm-6pm

Parents and students to practice some of the effective revision strategies together, which will help them to thrive in their exams this year.



Let us know you will be attending here!



Harry Potter Studios trip

On Thursday 16th October 50 pupils from year 8 and 9 were taken on a magical day out to the Harry Potter Studios in Watford. Pupils got to immerse themselves in the world of witchcraft and wizardry by walking around the actual sets from the famous film series and learn how the film makers brought the books to life.

As it was October, the entire sound stage was done up to celebrate the dark arts with death eaters turning up unexpectedly to scare and entertain the crowds. Pupils' behaviour was exceptional, and they made the school proud with their enthusiasm for all things Harry potter related (even at 6.45am in the morning!)





GCSE Dance Workshop with Company Chameleon – Friday 10th October

GCSE Dance students were fortunate to take part in an exciting and inspiring workshop led by the professional contemporary dance company, Company Chameleon. Known for their dynamic and emotionally expressive movement style, the company brought a wealth of experience and creativity into the studio, offering students a unique opportunity to deepen their understanding of dance performance and choreography.

The day began with a high-energy warm-up, followed by a series of across-the-floor tasks designed to challenge students' technical ability, coordination, and spatial awareness. These exercises helped to build confidence and refine their performance quality – vital components for success in their GCSE Dance assessments.

One of the key highlights of the workshop was learning repertoire directly from Company Chameleon's professional works. This gave students a real insight into the process of embodying professional choreography and the physical storytelling that underpins the company's style. Working with material from live performance pieces not only pushed students physically but also encouraged them to connect more deeply with movement intention and expression.

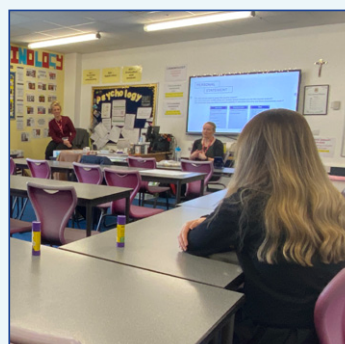


To round off the session, students were given time to explore their own creativity through choreographic tasks, using inspiration from the repertoire they had learnt. This supported their development as independent artists and directly linked to the choreography component of the GCSE course.

The workshop was a fantastic experience that left students feeling motivated, challenged, and more connected to the wider dance world. A big thank you to Company Chameleon for sharing their time, expertise, and artistry – and well done to the majority of the students for engaging so positively and professionally throughout the day!

Liverpool University visit Broughton Hall

Dr Vicky Thornton and Ashli Warburton from Liverpool University visited school this week to talk to health students about careers in health. They explained all the different health courses that pupils would be able to consider in the future such as nursing and midwifery. This was very useful for our sixth form students who are preparing their UCAS applications for next year!!





Just Dance

Big shout out to our Head Girl, Head of Charity and other 6th Form volunteers for organising and hosting a fantastic Just Dance event for our Year 7 pupils. The girls brought the energy, showed off some seriously impressive moves, and had an unforgettable time – all while raising money for charity. What a brilliant way to combine fun and fundraising. Well done, everyone! #service #generosity #community



Year 7 – Natural High Interactive Session

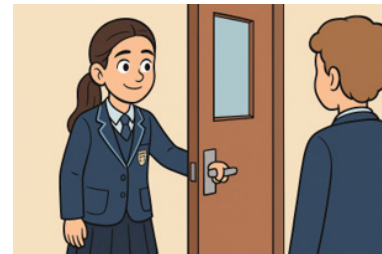
Year 7 have had a very busy week this week. On Tuesday morning in assembly we had representatives from 7 Max presenting to the year group about the story behind their Saint – St Maximillian. Well done to Nancy, Harper, Eva, Kehinde, Emelia, and Peculiar for their brilliant presentation.

On Tuesday they took part in an interactive session provided by a company called Natural High. This involved a 75 minute interactive presentation to the whole Year 7 group in an assembly format, delivering a powerful/engaging message using music and competitions to encourage young people to choose a Natural High from their own talents rather than a fake high from drugs or a destructive high from other forms of anti-social behaviour. Year 7 were brilliant, joining in with singing and supporting pupil volunteers.



Student Spotlight

Fantastic artwork this week by Year 11 student Camron S!



Lifting Each Other Up

At school looking after each other's well-being is something we all care about. This week Miss Herbert is our guest writer for the newsletter, sharing their thoughts.

Everyone experiences difficult days. At times, life can feel stressful or uncertain, and those feelings are completely normal. Research shows that small, positive interactions — such as showing kindness, offering support, or simply listening — can improve wellbeing for both the person giving and receiving help.

This week's focus is on **supporting others**. Being kind and considerate doesn't mean ignoring your own needs — it means recognising when someone else might need encouragement or assistance and choosing to act. Simple gestures, like holding a door, helping to tidy up, or acknowledging someone's effort, can have a real impact.

It's also important to remember that everyone needs support at times. You may be facing challenges such as feeling anxious, left out, or finding things more difficult than usual. Asking for help is a sign of strength, not weakness. Speaking to a friend, teacher, or trusted adult can make a genuine difference, and there is always someone willing to listen.

Kindness Challenge:

This week, try to do one thing each day that helps someone else. It doesn't have to be big — just genuine. At the end of the week, think about how it made you feel, too!

Did You Know?

When we do kind things for others, our brain releases "feel-good" chemicals like dopamine and oxytocin — kindness is literally good for your mental health!

Kindness Challenge:

- YoungMinds: Looking After Your Mental Health – [youngminds.org.uk](https://www.youngminds.org.uk)
- Mind: Tips for Young People – [mind.org.uk](https://www.mind.org.uk)
- Kooth: Free Online Counselling – [kooth.com](https://www.kooth.com)

LET'S MAKE OUR SCHOOL A PLACE
WHERE EVERYONE FEELS SUPPORTED
AND VALUED. BE THE REASON SOMEONE
SMILES TODAY

WICKED REWARD

A FREE TRIP TO THE
CINEMA TO SEE
WICKED

TO BE IN WITH
A CHANCE TO WIN
YOU NEED TO SHOW:

- FANTASTIC ATTENDANCE
- EXCELLENT BEHAVIOUR
- MERCY VALUES EVERY DAY

ONLY LIMITED TICKETS AVAILABLE,
BUT EVERYONE HAS A CHANCE TO WIN!
BE IN SCHOOL AND DO YOUR BEST
FROM NOW UNTIL MONDAY 10 NOVEMBER

Attendance Rewards – This Fortnight!

Fantastic attendance is being celebrated across the school!
Here's what you can earn if you keep your attendance strong.
All attendance will be measured from now until Friday 3rd October.

Year 7 and 8 Rewards

Students in Years 7 and 8 with fantastic attendance
will be recognized.
The form with the best attendance in each year
will receive a treat in form on Friday 3rd October.



Year 9 – Pizza-Making Masterclass

Students in Year 9 with fantastic attendance
up to Friday 3rd October will be invited
to an exclusive pizza-making masterclass
with a professional pizza company.
Limited places available – make sure you're in for a chance!



Years 10 and 11 Rewards

There will be prizes available for Year 10 and Year 11!
Make sure your attendance is fantastic
between now and Friday 3rd October
to be in the running for rewards such as:

- Gift Vouchers
- Sweet Treats



♦ Remember: Attendance matters every single day. Keep showing up

YEAR 7 HALLOWEEN COOKING CLUB

Wednesday 22nd October
in A1 3:00-4:00

Please bring £2 for ingredients

15 places available- sign up
with Mrs Fox by Monday 13th
October

Classics Club

For Year 7 & 8 students

Discover the Ancient World!



Greek & Roman
Mythology



Heroes & Monsters



Ancient Rome
& Greece



Classical Literature
and Epic Poetry



When?
Tuesday after school

Where?
Room E9

Come along and explore the myths, legends, and
stories that shaped history! No experience
needed – just curiosity!

Enrichment Activities for this term

Day	Activity	Venue	Staff	Time
Monday	MFL Spanish club Starting 3.11.25	B12	ATR	3pm-4pm
Tuesday	Football	Sports Hall	DDA	3pm - 4pm
Wednesday	Netball	Sports Hall	AHG	3pm - 4pm
	BH Dance Company	Dance Drama	ALA	3pm - 4pm
	Well-being Wednesday 24.9.25, 1.10.25, 8.10.25, 15.10.25 (session 1)	A8	SMO	3pm-4pm
WK A ONLY	Mass Choir	Chapel	P Johnson	3pm-4pm
WK B ONLY	Diversity Drama Group	Chapel	P Johnson	3pm-4pm
WK A ONLY	Year 10 Book club	E3	JHR	3pm-4pm
Thursday	Trampolining	Sports Hall	NLA	3pm - 4pm
	Mental Health and Well Being Ambassadors	D8	SMO	3pm - 4pm
Starts 2.10.25	Choir years 7-9	MU1	RCO	3.10pm-4pm
Starts 2.10.25	Vocal Group year 10-11	MU2	SHA	3.10pm-4pm
	Manga and Anime club	D8	Ms Marsh	3pm-4pm
SPECIAL EVENTS SIGN UP WITH MFX TO TAKE PART- LIMITED SPACES AVAILABLE				
23RD OCTOBER HALLOWEEN COOKERY CLASS 11TH DECEMBER CHRISTMAS COOKERY CLASS				

Parenting teens isn't always easy — but support is here!

We're really pleased to be hosting the Talking Teens Parent Group at Broughton Hall. The course is delivered by independent trained providers, so sessions are completely confidential.

This friendly and practical programme will give you tips and strategies to make family life calmer and happier, while connecting with other parents who understand the ups and downs of teenage years.

Please see the attached poster and leaflet for full details, dates, and how to book your place.

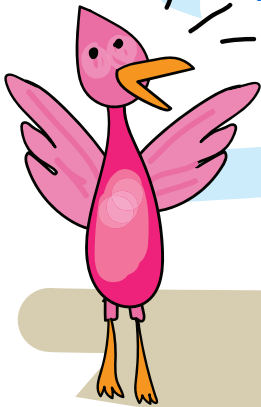


Talking Teens

FREE
Parent
Group

Support for parents of teenagers

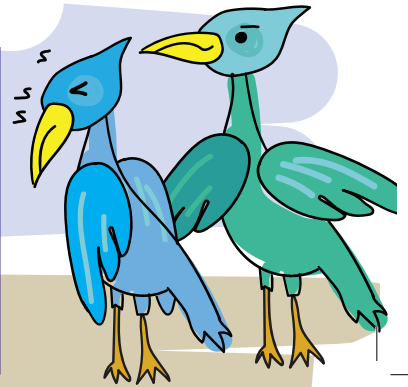
Broughton Hall Catholic High School, Yew Tree Lane, West Derby, Liverpool, L12 9HJ. Contact Ms Cobain on cobainc@broughtonhall.com or Leanne on 07885 610854 to book your place.



Programme Dates (5 sessions):

Tuesday 14th October - Registration session
Wednesday 12th November,
Wednesday 19th November,
Wednesday 26th November,
Wednesday 3rd December.

Time 1pm until 3pm



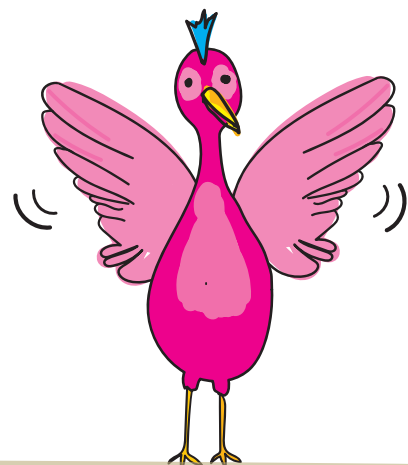
Being a parent of a teenager can be both rewarding and challenging. Talking Teens is a friendly, practical programme designed to help you manage the ups and downs of parenting teens — so you can enjoy a calmer, happier family life.

Over five sessions, we'll explore questions like:

- How can I stop my child always getting the last word?
- Why do they sleep in so late?
- Can I help them argue less?
- Why don't they want to talk about their feelings?

What to expect:

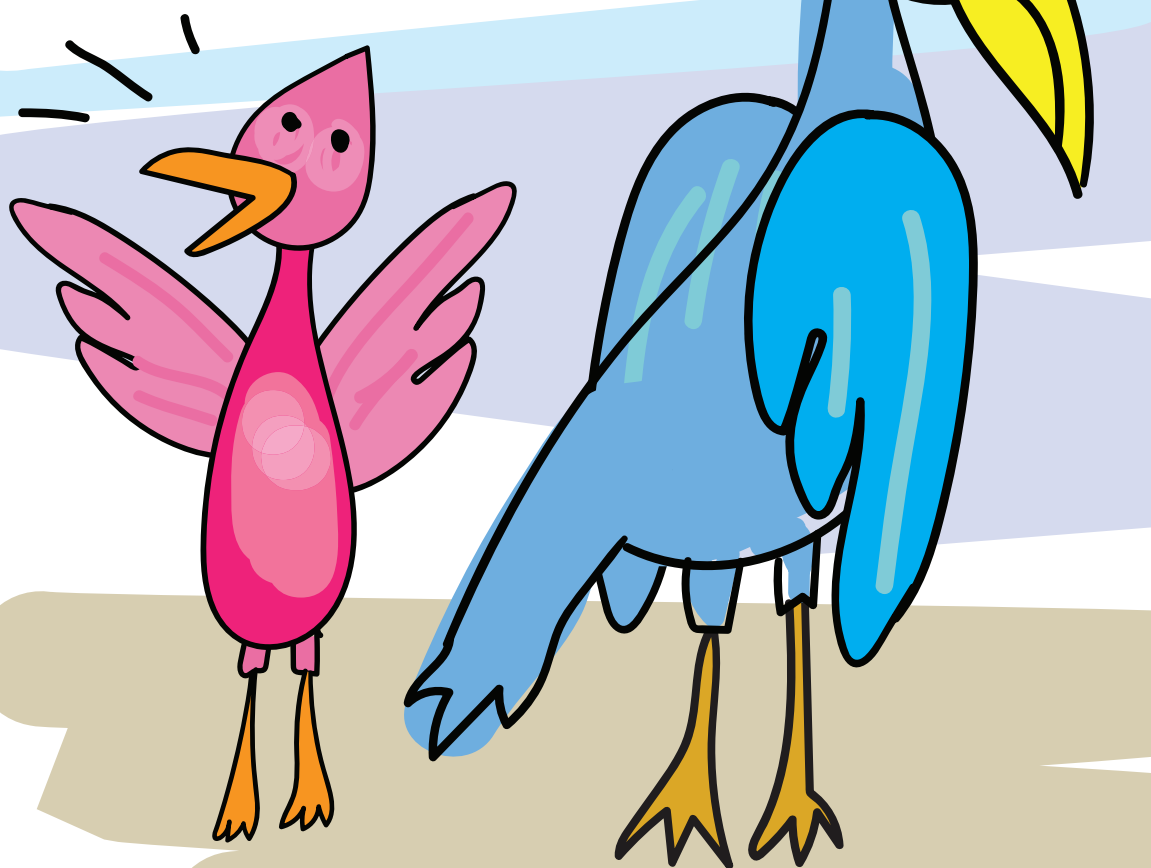
- A relaxed group of 8–10 parents
- Led by two trained parent group leaders
- Refreshments provided
- Come on your own, with a partner or friend





Talking Teens

Information for
parents and carers



How Talking Teens has helped other parents

"I am aware that there is a better way of parenting, even if I don't always achieve it"

"My eldest son is happier that I don't scream and shout at the first sign of a problem"

"I learned to take a breath before responding to my teenager's outburst and respond with empathy"

"Thanks! Our house is a much happier place now that I am using the strategies learnt here. Much less shouting and strops."

• Talking and listening

• Communicating clearly

To find out where a group is running near you and to book a place, please go to:

Week 4

poolcouncil.info/ParentProgrammes

• Managing conflict



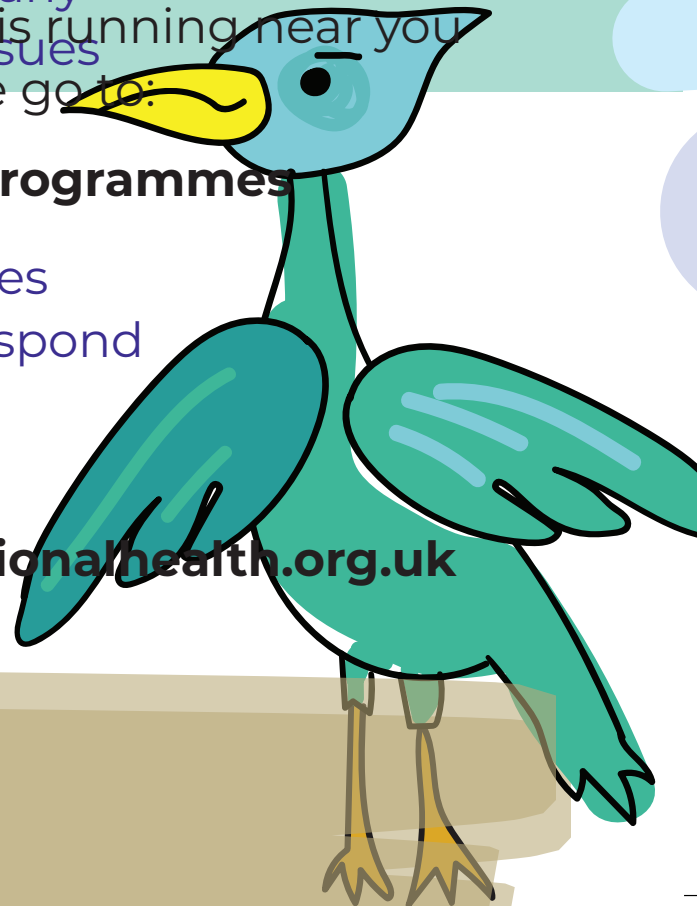
• Rules and boundaries

• Deciding how to respond

• Problem solving

Check out: **centreforemotionalhealth.org.uk**

Registered charity 1062514



Topics covered in the group

Week 1:

- Being a parent of a teenager
- The role of parents for teenagers
- Responding to difficult feelings

Week 2:

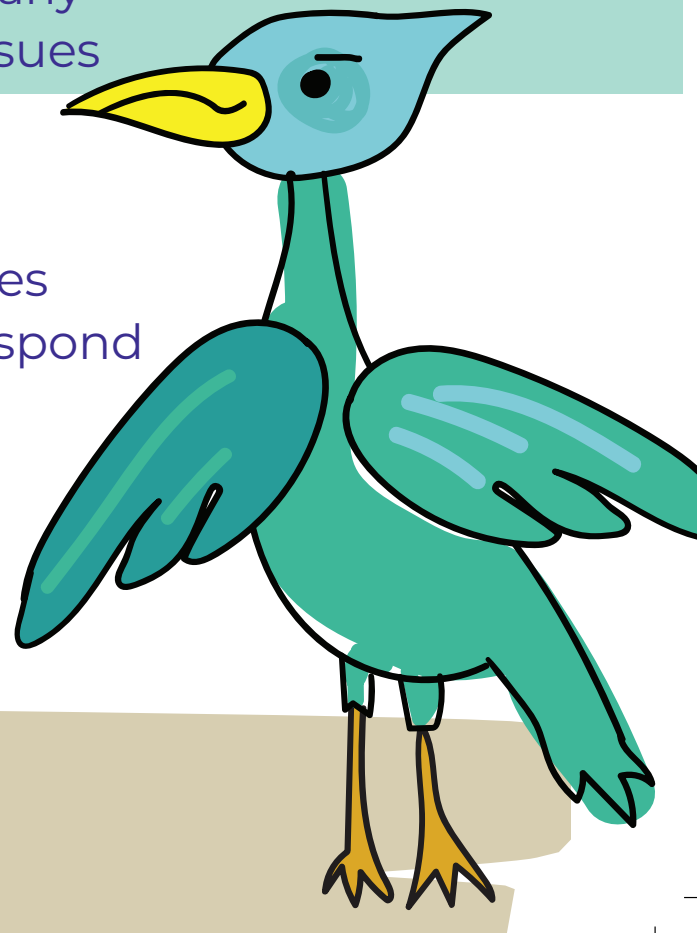
- Understanding your teenager
- Understanding teenage development
- Parenting styles
- Praise and criticism

Week 3:

- Communicating with your teenager
- Talking and listening
- Communicating clearly
- Handling difficult issues

Week 4

- Managing conflict
- Rules and boundaries
- Choosing how to respond
- Problem solving



How Talking Teens has helped other parents




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lpoolcouncil.info/ParentProgrammes



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Registered charity 1062514





November Timetable

All sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Raising Self Esteem	3 Nov 10am
Decreasing Depression	3 Nov 7pm
Supporting Healthy Sleep	4 Nov 10am
Understanding the Teenage Brain	4 Nov 7pm
Improving Family Communication	10 Nov 10am
Autism - Improving Communication	10 Nov 7pm
Understanding Addictive Behaviour	11 Nov 10am
Supporting A Child with ADHD	11 Nov 7pm
FREE ADHD Kids & Homework	13 Nov 6-7pm
Understanding Anger	17 Nov 10am
Supporting Healthy Screen Use	17 Nov 7pm
Facing Defiance	18 Nov 10am
Anxiety Based School Avoidance	18 Nov 7pm
Cannabis and Ketamine Awareness	24 Nov 10am
Anxiety Explained	24 Nov 7pm