

# **BROUGHTON**NEWS

ONE HEART, ONE MIND

April 29th 2024 Edition

UK Maths Trust Pink Kangaroo Challenge

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# **Better Mental Health through Nature**

Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul.
3 John 1:2 ESV

It is more important than ever to look after our mental health. The outdoors and nature are a proven benefit to our health. The natural world around us is designed to sooth our souls.

This time of year is especially nurturing to us, with the beautiful spring flowers and trees now fully green to lift our spirits. It's a really good remedy for anxiety and stress to take some time out in nature. The apostle (quoted above), understood this and that is why he prayed that the members of the early church be in good health. As he greeted them, he expressed that he wanted good things, wellness, and good health for them.

Dear Lord, please heal my body and spirit. Heal my heart and mind. Help me to overcome any obstacles that may stand between me and my goals. Thank you for hearing my prayer.

Amen. God Bless

**BHCHS Chaplaincy Team** 



#### **Student Work Spotlight**

Some amazing work by our Year 7 students in Textiles this week. Well done girls!



# **Weekly Prayer**

Dear God.

May our hearts be filled with Peace and LoveEach day, help us to learn. Remind us, 'Mercy is your way', Compassion for the world. You have shown us how to live, One heart, one mind, together. For Christ, His hands and feet we'll be. Your servants Lord Forever. Amen.

#### **Top Attendance Forms**

96.7% 95.2% 97% 93.8% 95.2% 100% 7AHA 8SMO 9WLE 10JJO 11CDI 12JSG

#### **Sparx Maths Top Performers**

- ★ Year 7 Darcey W
- ★ Year 8 Rosa B
- ★ Year 9 Ava G
- ★ Year 10 Emily B
- ★ Year 11 Alicia I

#### **Upcoming Dates**

Thursday 4th May - Sixth Form external exams begin.

Monday 6th May - Bank Holiday

Friday 10th May - Year 11 Deadline for accepting Sixth Form place

#### **UK Maths Trust Pink Kangaroo Challenge**

Before Easter three students from Year 10 and 8 took part in the UK Maths Trust Pink Kangaroo Challenge, competing against students across the UK.

Amelie W was awarded a Merit for achieving in the top 25% of students around the country. Big well done to all students who took part!





#### **Superleague Netball**

Our netballers had the fantastic opportunity to watch some live superleague netball on Friday. A group of girls travelled to Belle Vue to see Thunder take on Severn Stars with the home team coming away with a well earned win!

It was a brilliant opportunity for our girls who all really enjoyed the chance to see some world class netball up close.









# An Inspector Calls Year 10: Thursday 21st November

Part of your GCSE English Literature Course £23.05 by 17th May on Parent Pay



# Broughton Hall Catholic High School

The thirty-five Year 9 pupils who have now started their Bronze Award and the seventeen pupils in Year 10 who have begun their Silver Award should now be well underway with their skills, physical and volunteering sections.

Their Award is comprised of four sections: Volunteering, Skills, Physical and the Expedition. All section have to be completed to achieve their Award.

Pupils should have now received their Welcome Packs through the post. This contains a pack of assessor cards and more information for parents and carers

Commination

1. Enrol onto DofE programme and receive username and password

2. Sign in and complete mandatory fields

3. Select timescales for sections

4. Select activities and aims /objectives for sections

as to how you can support your child through their Award.

These are posted to home addresses once a participant has logged on to their online e-dofe account and updated their contact details. They can take 2-3 weeks to arrive. Any pupil who has done this and hasn't received their pack should see Mr Halewood in D9 after school.

#### Showing progress for a section

Pupils are expected to add evidence to each section whilst they are completing it. They will have chosen their timescales (3or 6 months for Bronze) and the minimum piece of evidence required, is a fully completed assessors report. This is only completed and signed by their chosen assessor only once they have completed everything at the end of 3/6 months.

'Evidence' is submitted online and can take the form of a photograph, for example, a screen-shot from their smart watch of their workout at the gym or a scanned image of a certificate of a qualification achieved, such as a grade 4 in piano. They can even add text and write a description of what they completed that week.



As participants are expected to be spending around an hour each week on their particular activity, I would recommend that they add regular evidence every few weeks to show progress and that they are regularly participating in their chosen activity.

Periodically, their assessors will be contacted by the School to ensure that they are attending and to check progress.

Any evidence submitted to their e-dofe account will be checked by the D of E Manager. If it a suitable and relevant piece of evidence, the participant will see that it will have been approved (a green tick will appear next to it on screen). Alternatively, they may be sent a query online and may need to alter it.

For further information about the skills, physical and volunteering sections, information can be found in the Welcome Packs as well as the D of E website: dofe.org

#### **Spanish School visit**

A Spanish School from Salamanca(Spain) visited Broughton Hall this week and our girls had a lovely four days enjoying new friendship and learning Spanish.

The girls said: "I loved it and cannot wait for the next visit!"



### **Lancaster University Visit**

Our Year 12 and Year 13 Spanish students visited Lancaster University to watch a Spanish film from the director that we study at Alevel and had a session on exam techniques for paper 2.









# Extra-Curricular Timetable

DAY	ACTIVITY	LOCATION	TIME
MONDAY	Homework Club	А3	15:00 - 17:00
	GCSE Business Intervention	\$2	15:00 - 16:00
	Spanish (Homework Intervention)	Languages	15:00 - 16:00
TUESDAY	Homework Club	А3	15:00 - 17:00
	Netball (All Years)	Sports Hall	15:00 - 16:00
	WJEC PE	А3	14:50 - 15:50
	Year 11 English - After School Revision	English	15:00 - 16:00
	Practice Rooms for all students who do Music Tui- tion/ Extra Curricular	Practice Rooms	Lunch times
	Music: Form Choir (Year 7 - 8)	Music	8:30 - 9:00
	Code Club (All Years)	В3	15:00 - 16:00
	Programming Session (Year 10)	B2	15:00 - 16:00
	Computing Revision Session (Year 11)	B2	15:00 - 16:00
WEDNESDAY	Homework Club	А3	15:00 - 17:00
	Year 7 & 8 Spanish Homework Club	F1	15:00 - 16:00
	Year 11 Science - After School Revision	Science	15:00 - 16:00
	Diversity Group	Chapel	15:00 - 16:00
	Little Shop of Horrors Principals rehearsal	Dance Drama	-
THURSDAY	Dance Competition Team (Advanced / Invite Only)	Dance Drama	15:00 - 16:00
	Year 11 Maths - After School Revision	Maths	15:00 - 16:00
	Music: Band (All Years)	MU2	15.00 - 15:50
	Practice Rooms for all students who do Music Tui- tion/ Extra Curricular	Practice Rooms	Lunch times
	Badminton	Sports Hall	15.00 - 15:50
	Creative Writing Club	E2	15.00 - 16:00
FRIDAY	GCSE Dance	Dance Drama	15:00 - 16:00
	Music: Form Choir (Year 7 - 8)	Music	8:30 - 9:00
	Little Shop of Horrors' Rehearsals	MU2	15.10 - 16.20